



# TERMS, CONDITIONS AND POLICIES 2024



## ONE Goalkeeping

ONE Goalkeeping aims to provide a professional standard of goalkeeper training and development to goalkeepers in the Sunshine Coast and Northern Brisbane regions.

As well as developing great goalkeepers, however, ONE Goalkeeping also strives to produce dedicated, disciplined, hardworking and respectful young men and women by keeping those core values at the heart of how we operate.

[www.onegoalkeeping.com](http://www.onegoalkeeping.com)

Accurate and effective as of Nov, 2023

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## Meet Director, Jerrad Tyson

Having developed his game as a junior on the Sunshine Coast, his efforts and performances at local/representative level were noticed and rewarded with a scholarship to the Australian Institute of Sport in 2007.

That early opportunity to learn in one of the country's best full-time environments was a huge honour for him and would crucially pave the way for his professional career to kick off.

Over the course of the next 15 years Jerrad's career took him all over the globe and saw him sign in Hong Kong and India between spells at 5 different A-League clubs. He achieved international caps at U20 and U23 level and won trophies including the Australia Cup with Melbourne Victory and both the A-League Premiers plate and AFC Champions League crown with the Western Sydney Wanderers.

As one of the Sunshine Coast's most successful footballers, Jerrad returned home to the Coast in 2022 passionate about improving the quality and standards of the local football scene and providing elite development and pathway opportunities to the next generation of aspiring goalkeepers.

Professionally qualified with FFA C and Level 1 Goalkeeper coaching licences, Jerrad is able to balance the reality of his real-world experiences with the structure of trusted international curriculums.

He has always believed in the talented boys and girls goalkeeping on the Sunshine Coast and surrounding areas and hopes to work with as many as possible in the future through the exciting ONE Goalkeeping programs.

## Locations

ONE Goalkeeping offers its programs at a variety of locations across the Sunshine Coast and Brisbane, making it as convenient as possible for goalkeepers to access. All ONE Goalkeeping locations can be found by searching the location "ONE Goalkeeping" in Apple or Google Maps.

### **ONE Goalkeeping Glasshouse**

Academy program, private sessions, holiday camps  
Beerwah Glasshouse United FC "BeeGees"  
902 Steve Irwin Way, Glasshouse Mountains

### **ONE Goalkeeping Maroochydore**

Academy program, private sessions  
Maroochydore Multi Sports Complex  
108 Fishermans Rd, Maroochydore

### **ONE Goalkeeping Brisbane**

Academy program  
Brisbane Strikers FC “Perry Park”  
85 Abbotsford Rd, Bowen Hills

### **ONE Goalkeeping Mudjimba**

Private sessions  
Mudjimba Multi Sports Complex  
701 David Low Way, Mudjimba

### **ONE Goalkeeping Brightwater**

Private sessions  
Brightwater Football Fields  
27 Heliconia St, Mountain Creek

## **Participation**

ONE Goalkeeping programs are optional and open to all goalkeepers registered Football Australia and the Sunshine Coast Churches Soccer Association. Fees apply and are dependant on the program registered for.

## **Insurance**

Participants acknowledge that goalkeeping is a physical activity and therefore carries risk. ONE Goalkeeping participants are encouraged to take out private health insurance to ensure maximum cover and support is available to them should injury occur.

## **Session Placement**

Academy squad placement is based on age, development, experience and ability. In the event a participants ideal placement is in dispute, the final decision will be made by the Director.

## **Session Observation**

We encourage parents/guardians/families to watch their goalkeeper/s during sessions as it is remarkable the extra attention to detail and quality that supportive observation can encourage in young goalkeepers. ONE Goalkeeping requests, however, that no communication, cheering or other forms of distraction are made during sessions.

Due to privacy, strictly no photos or videos are to be taken of ONE Goalkeeping sessions or their participants without the written consent of the Director.

## Personal & Medical Information

Please ensure that your contact details are up to date in our system, including your home address, and that your goalkeepers's medical requirements are communicated with our coaches and necessary action plans are provided to us.

It is the responsibility of the parents/guardians to inform ONE Goalkeeping of any injury, illness or condition that could impact a participants safety or their ability to train without unreasonable risk of harm. No responsibility is taken by ONE Goalkeeping should a health issue be exacerbated during the participation of our programs if they have not been appropriately communicated.

Participants and parents/guardians are asked to please be mindful of other goalkeepers who have food allergies and be diligent when cleaning up if eating before/after sessions.

All personal and contact details can be update online through your membership portal.

## Staying Informed

Parents are advised to check their email regularly and ensure that emails from ONE Goalkeeping (hq@onegoalkeeping.com) are marked as "safe" or "not junk" to ensure important communications are not missed.

**Information and photos/videos will also be posted regularly on the ONE Goalkeeping Facebook, Instagram and YouTube pages so please "like", "follow" and "subscribe" to stay informed.**

Instagram      @onegoalkeepingau  
Facebook        @onegoalkeepingau  
YouTube         @onegoalkeepingau

Please also feel free to contact us by phone or email with any queries.

## Fees and Expenses Policy

Enrolment for classes can be completed online at [www.onegoalkeeping.com](http://www.onegoalkeeping.com) via the "ONE Programs" portal. Program placement is only secured once fees have been received.

The team are always happy to help you over the phone or via email **before** the program commences should you have any difficulties with completing enrolment online. **All fees are non-refundable.**

## **Terms**

ONE Goalkeeping runs three 10-week terms during each calendar year, which align with both the QLD school terms (1, 2 and 3) and the competitive football seasons run from January to September.

No term 4 is currently offered due to this being an off season period. Private sessions and our September and January holiday camps are available to those wanting to continue their training.

Goalkeepers complete one 70 minute session each week with these sessions to operate at the same time and place each week.

Times and locations are subject to change at short notice due to weather, safety or at the Directors discretion.

Payments can be made online by booking the appropriate program and registering your goalkeeper.

Fees are to be received in full prior to the term commencing. Please contact us should you require assistance with the booking process.

## **Camps**

ONE Goalkeeping runs four 2-day camps during each calendar year, which align with the QLD school holidays. Camps provide our term based goalkeepers the opportunity to continue their training during their holiday break, while allowing new goalkeepers to experience the ONE Goalkeeping format.

Camps run over 2 consecutive days of 4hrs (8 hours of training) at Beerwah Glasshouse United Football Club during one week of each school holiday.

Times and locations are subject to change at short notice due to weather, safety or at the Directors discretion.

Special guests, events and other specifics will be released closer to the camp.

Payment can be made online by booking the appropriate program and registering your goalkeeper.

Fees are to be received in full prior to the camp commencing. Please contact us should you require assistance with the booking process.

## **ONE Academy**

The ONE Academy is our 30-week training program that provides goalkeepers with 35 hours of professional goalkeeper training during their competitive seasons.

Times are dependant on the participants age and ability and delivered at at one of the ONE locations listed on page 4. Set locations are subject to change at short notice however due to weather, safety or at the Directors discretion.

Payment can be made online by registering your goalkeeper via the "ONE Programs" portal of our website.

Fees are to be received in full prior the commencement of the program, however, ONE Academy (30-weeks) goalkeepers also have the option of a payment plan. This two-part plan allows only 50% to be paid prior to the program commencing, with the final 50% due prior to term two.

Please contact us should you require assistance with the booking process.

Other complimentary benefits of enrolment in the ONE Academy include:

1. One (1) personalised ONE Goalkeeping training kit (shirt, shorts, socks).
2. One (1) ONE Goalkeeping drink bottle.
3. One (1) ONE Goalkeeping session booklet.
4. 5% OFF Academy tuition fees (when paid up front).
5. 10% off 2024 school holiday camps.
6. A 'Tier ONE' 15% OFF sponsorship with The One Glove.

### Methods of payment

Payments can be accepted via cash, credit/debit card or direct bank transfer. The most convenient form of payment for families is online through our website at the time of registering for your program.

Direct deposits can be made into the account below (please use your goalkeeper's full name in the description and forward a payment receipt at the time of the transfer).

Please note, however, that for direct deposits, goalkeepers may not attend sessions until payment has been received.

**Account name:** ONE Goalkeeping

**BSB:** 062-692

**Account no:** 8086 7822

### Discounts

ONE Goalkeeping currently offers the following discounts.

Terms	Price per program	Total Price	Discount
1	\$360.00	\$360.00	
2	\$360.00	\$720.00	
3 (ONE Academy payment plan)	\$360.00	\$1,080.00	
<b>3 (ONE Academy upfront payment)</b>	<b>\$342.00</b>	<b>\$1,026.00</b>	<b>- 5 %</b>
<b>Camps</b>			
1 (casual)	\$200.00	\$25.00/hr	
<b>1 (ONE Academy goalkeeper)</b>	<b>\$180.00</b>	<b>\$22.50/hr</b>	<b>- 10 %</b>
<b>Private Sessions</b>			
1	\$80.00	\$80.00	
<b>10</b>	<b>\$72.00</b>	<b>\$720.00</b>	<b>- 10 %</b>



## Private Sessions

Payment for private sessions is due at or before the time of the session. By arrangement, a cash payment can also be made on the day. Alternatively, payment for multiple sessions can be made upfront at the start of term by one of the methods outlined in the section above.

**24hrs notice is required if a goalkeeper is unable to attend a private session, otherwise a \$30 cancellation fee is payable.**

**1:1 sessions:** \$80 for 45 minutes.

**2:1 sessions:** \$60 per goalkeeper for 60 minutes.

## Cancellation / Refund Policy

**All fees are non-refundable.** Make up sessions will be arranged in the event scheduled sessions are unable to proceed due to adverse weather, etc.

ONE Goalkeeping will do its best to provide opportunities for injured/ill goalkeepers to catch up on missed sessions within the affected term. This includes training with squads in other locations on separate nights. Missed sessions will not carry over into preceding terms.

All sessions cancelled by ONE Goalkeeping will be rescheduled.

Fees may be subject to change.

## Training Gear Requirements

It is compulsory that participants wear appropriate training attire during sessions to ensure they are able to train effectively, purposefully and most importantly, safely. Football boots and goalkeeper gloves are compulsory, as is the ONE Goalkeeping training kit (shirt, shorts, sock) for those in the ONE Academy and term based programs. This can be purchased on the website through the online shop if it is not provided in your enrolment package.

ONE Academy (30-weeks) goalkeepers receive one (1) training top, (1) pair of training shorts and (1) pair of socks free of charge.

Hats are acceptable during sunlight hours and shinpads are optional if desired.

## Hair

Goalkeeping is a game of microseconds. The time it takes to flick or swipe hair from your eyes could be the difference between saving a goal or conceding one. For this reason it is essential that girls or boys with long hair secure it at the back with the assistance of a hair tie and head band. Hats are not an appropriate way to secure loose hair.

## Jewellery/watches

Jewellery/watches are not permitted to be worn during sessions for safety purposes. We recommend leaving all jewellery/watches/garmins at home to avoid these valuable items getting misplaced.

## The One Glove

The One Glove are the official glove supplier of ONE Goalkeeping and offer various levels of sponsorship to ALL registered ONE goalkeepers. This provides a discount across their entire range of gloves, apparel and other goalkeeper specific products.

Tier Two	10 %	Casual term, camp or private session enrolment
Tier ONE	15 %	ONE Academy goalkeepers (30-weeks)

Following successful registration, you will receive a code for use online at [www.theoneglove.com.au](http://www.theoneglove.com.au) that will unlock your discount at the checkout.

Your code is valid until 30-days after the conclusion of your registered program.

## Undergarments

Due to the high impact nature of goalkeeper training, we strongly suggest the use of protective undergarments. These help reduce grazes and grass burns during diving or sliding and further protect your goalkeepers body.

Long tights that cover the knees are of particular benefit while a half or full length top is also recommended for high impact sessions.

Any under garments or compression worn is to be BLACK in colour.

Head to [www.theoneglove.com.au](http://www.theoneglove.com.au) to view The One Glove's full range of full, half and ¾ length protective, padded under pants and tops.



## Belongings

Students should bring very limited personal belongings to training to avoid them being misplaced.

Goalkeepers, however, are expected to arrive prepared for training with a sports bag holding their session essentials, including their football boots, gloves, water bottle, raincoat/jumper (just incase) and a towel.

Goalkeepers are welcome to wear shinpads, however, they are not compulsory. No responsibility is taken for injuries occurring to goalkeepers who choose not to wear shinpads.

**All items should be clearly named to avoid items being lost or mixed up.**

**Parents/guardians and participants accept full responsibility for any and all belongings brought to sessions and will not hold ONE Goalkeeping liable for items that are misplaced, lost or stolen.**

## Use of Social Media

**Parents are not to take photos or videos of ONE Goalkeeping sessions without prior consent from the Director and all students involved.**

Great care must be taken when posting content on social media platforms and must acquire consent from all involved prior to posting. Parents/guardians and goalkeepers are asked to be respectful to their peers and coaches at ONE Goalkeeping when posting material on social media.

**By enrolling at ONE Goalkeeping you are agreeing for photos/videos of your child to be taken and posted on social media by ONE Goalkeeping and used for advertising. Please contact the Director via email if you do not consent to images or video footage of your child being used for any of these purposes.**

## Arrival and Departure

Goalkeepers should arrive already dressed in their training gear, minus boots and gloves, which can be and put on at the ground. Enclosed shoes should be worn to and from all sessions.

It is essential that participants arrive on time for sessions to avoid disruption to other goalkeepers and to ensure they do not miss their warm up. Arriving no later than 10 minutes before the session is appropriate.

ONE Goalkeeping is not responsible for the safety of children before and after their sessions.

## Injury and Illness

**Participants MUST NOT come to sessions if they are unwell.**

We encourage goalkeepers to attend sessions when injured as there is a lot to be gained from observation. Coaches will work alongside medical professionals to provide the goalkeeper with the best rehabilitation plan and exercises that can be done whilst observing sessions.

Goalkeepers with any sign of illness or head lice are not to attend sessions under any circumstances until they are fully recovered. Please contact us when your Goalkeeper is unable to attend so coaches can be informed of their absence.

ONE Goalkeeping will attempt to provide catch up opportunities for all missed sessions due to illness. Injured goalkeepers are still expected to attend (unless the injury is of a serious nature) and can be supported through their rehab programs during their observation of the session.

Please contact us to place a hold on your account should your goalkeeper suffer a long term injury.

## **Goalkeeper Etiquette**

ONE Goalkeeping sessions should be a place of positivity where participants encourage and support one another. Goalkeepers are asked to dispose of any negativity and arrive to training with an open mind and a positive attitude.

Open communication with the Director, coaches and fellow goalkeepers is strongly encouraged and the Director is always available to discuss issues with parents/guardians/goalkeepers should they ever arise.

### **Behaviour and Discipline**

Participants are encouraged to take responsibility for their behaviour. For the protection, health and wellbeing of all goalkeepers, abusive, offensive, violent or threatening behaviour will not be tolerated. In the event of such an occurrence, coaches will contact the parents directly.

Discipline and football go together; those who understand discipline are usually the most successful players.

Participants must be respectful towards their coaches and fellow goalkeepers and show respect and care for ONE Goalkeeping equipment and facilities.

Mobile phones must be kept on silent and are not to be used during sessions. Except in an emergency.

Participants may be asked to leave their ONE Goalkeeping program if inappropriate behaviour or attitude is displayed.

### **Equality and Acceptance**

ONE Goalkeeping celebrates diversity. Each goalkeeper brings with them a unique set of prior experience, knowledge and beliefs, and this should be embraced by all. Personal beliefs should not be expressed in ways that may offend others or exploit participants' vulnerability.

## **Parent Etiquette**

Parents/Guardians are asked to model the desired behaviour for their children, teaching them to respect other goalkeepers, coaches, referees, volunteers and industry contacts.

Coaches, goalkeepers and parents/guardians are encouraged to communicate openly and honestly and to avoid gossip. Participants should never be spoken about in a negative manner.

Parents/Guardians must demonstrate respect towards our coaches and the ONE Goalkeeping policies at all times. ONE Goalkeeping reserves the right to ask a family to leave if disrespect is shown towards a staff member, our procedures or in the event where inappropriate attitude or behaviour is displayed.

Parents/Guardians are asked to please respect and follow the advice and direction provided by coaches and be supportive of their goalkeeper's efforts.

There is to be no smoking within 20 metres of ONE Goalkeeping sessions.

## **Limitation of Liability**

Parents/Guardians and participants acknowledge that goalkeeping is a physical and at times exposed position within the game of football and accept that, at times, injuries or accidents can occur.

ONE Goalkeeping will never request participants to engage in activities or place them in scenarios that put them at any unreasonable risk of harm, and as such, take no responsibility for injuries that may occur during ONE Goalkeeping sessions.

Parents/Guardians accept by enrolling their goalkeeper, that for them to succeed in the game, ONE Goalkeeping coaches may need to play out game realistic scenarios in training that leave participants vulnerable. This is an important part of our thorough training curriculum and these sessions are heavily guided and supervised by qualified coaches to minimize risk of injury.

All parents/guardians, participants and associated family/friends release and discharge ONE Goalkeeping, its employees and agents from any claim, suit, demand, expense or cost in respect of any injury or illness arising out of, or in connection with their, or their connections, participation in ONE Goalkeeping programs.

Sessions will be postponed or cancelled in the event of an unsuitable training field or bad weather including hail, extreme heat or an electrical storm. These sessions will be rescheduled. Refunds will not be provided.

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*Thank you for taking the time to read through this handbook. We look forward to working with you and your goalkeeper!*